



Fees

Rates are based on one-on-one hands on time with Dr. Maria La Putt. It is not dependent on the type of intervention (e.g., Myofascial Release, Yoga, Pilates).

60 minutes \$180.00

90 minutes/ Initial evaluation \$270.00

120 minutes (ideal for MFR/Pilates combo session) \$360.00

10 pack (10 -1 hour sessions) +1 complementary 60 min -treatment session \$1800.00

Intensives

Minimum of 2 hour treatments sessions 5-6 consecutive days, minimum 2 weeks.

Please contact us for details.

Payment

Ananda Physical Therapy & Wellness, LLC accepts CASH, CHECKS or CREDIT CARDS. Payment is expected in full at the time of service.